From the President

I would like to congratulate the 12 U Express on a job well done representing Forest Hill Recreation Council in the Cal Ripken World Series. If anyone went out to any of the games, you saw a group of young men who played well together. I believe this team scored the most runs in the tournament of any Harford County Team so far. They played against domestic and international teams and showed true hospitality to all teams. I was given many compliments on how friendly and welcoming our boys were to all the teams.

Congratulations to Sean D'Adamo for winning a gold glove defensive player award for the tournament. I hope you all enjoyed your experience as it is a once in a lifetime memory that not many boys get to have. So once again CONGRATULATIONS to the 12U Express.

On a different note, our concession stand is in need of some help. At this time Jeanne Schultz and Lee Ann McComas have decided to step down as chairpeople for the concession stand. Both Lee Ann and Jeanne have put in many years chairing this committee and running our concession stand during both the Spring and Fall sports seasons. Even when they had no help, they would still open for the children even though neither one has had children participating in any sports program for many years. They will both be missed as they are invaluable to our rec council. If you see them in the community, please thank them for their many years of volunteering.

This brings us to needing a chairperson or persons to take over the concession stand committee. If we cannot find someone, we will have to shut down the concession stand which none of us wants to do. So please think about helping out. Please contact me at dmrosas@verizon.net if you are interested.

Jeanne Rosas, President
Forest Hill Recreation Council
Basketball
Eric Reitz (Past Chair)

THANK-YOU!!! It is with a heavy heart that I will be resigning my chair position this year. Nelson White, who ran the program prior, will be taking back the leadership role. I have had a wonderful time over the past 6 years seeing our area youth flourish in the basketball program. I so enjoyed going from gym to gym during practices and games, and witnessing the smiles, the team spirit, and sportsmanship from the players. I would like to thank all the great Age Group Directors and coaches, whom without, the program would not be as superior as it is. I would also like to thank Jeff Nengel, Don Yudiski and Dave Harding for their added leadership and sounding board as well. As with any program or team, everyone doesn’t always see eye to eye, or believe in the same ideas, but we all believed in the mission and that the youth of our area, deserved the best we could give them. I will remain involved this year through registration and team selection and where needed. If you have never volunteered, I suggest you give it a try, as the silent rewards are outstanding.

Now onto the business at hand. I realize that School and Fall sports are just getting underway but it is that time of year to start thinking about Winter sports as well. With our program being as large as it is, we need time for registrations and evaluations so we can properly get our season underway. Last season was successful both on and off the courts with Mother Nature only interfering one time.

For those of you new to Basketball, we run from ages 5 (as of 12/31/11) through 18 (must be in highschool) for both boys and girls. For girls we only go to 13-16, but if you are 17 and still want to play, please contact us as we are looking to expand the program. We play in the various local schools and generally it is one practice night during the week and a game on Saturdays for ages 7-14. 15-18 plays only on Sundays with no practices and 5-6 has their time only on Saturdays. The most common questions are answered in our FAQ located on the Basketball website found at www.foresthillrec.com.

Travel Basketball— As with most sports, Basketball offers a travel program for those of you who want a more competitive environment. The travel teams stay mostly in Harford County with few exceptions traveling for tournaments. If interested in travel, just note the travel tryout dates posted on our website, and put it down on your registration. If you don’t know just
yet, that’s fine, just make sure you make the travel tryouts at
that time.

Please get your registrations in early...sit down, fill it out now
and send it in. We do fill up and late registrations require an
additional $10. I know that is not much, but we need to get
enrolled as quickly as possible.

We have 4 walk in registrations scheduled and we need some
volunteers to help with them. Please contact Deb Norcross at
debnorcross@verizon.net to help.

As always you can download the form from the website and
mail it in.

**Evaluations**

Always check the website for the latest updates due to
possible changes.

I would like to remind you how important it is to make the
evaluations for your children. If you can not make your
scheduled evaluation, please try and make another time for
that age group first, and if you still can not make it, please try
and attend another age groups evaluation. As with anything,
if you could notify the Age Group Director or one of the other
directors via an email or phone call that you will be missing
your scheduled evaluation but attending another we would
greatly appreciate it. All players playing in 9-10 and above,
including those going out for Travel need to **attend the rec
evaluations**. The evaluations help us in the team draft
process. **There are no evaluations for the clinic and 7/8
programs.**

**Volunteers**

As with any program volunteers are greatly needed to help the
program continue to progress. We need help in the
registration process, evaluation process and coaches.

**COACHES MEETING**

There will be a one time mandatory coaches meeting on
Monday, September 24th at 7pm, at Churchville Rec Center.
Please plan on attending if you have any interest in coaching.

Remember always check the Forest Hill Rec website for more
info as we get closer.

I look forward to seeing you out on the courts

**Back to Top**
Scott Schubert

Registration for the 2013 season will begin on Saturday, October 27th. Please register online at

www.fhlacrosse.usl.la

We intend to field teams in the following age groups for the 2013 lacrosse season:

**Clinic – Ages 4-6 (Instructional)**

**PeeWee – Ages 5-6 In-house League**
Playing with the Bel Air In-House League

**Tyker – Ages 7-8 – In-house League**
Playing with the HARCO In-House League

**Tyker – Ages 7-8 – Travel League**
HARCO and Saturday Tyker Travel Leagues at the A or B level of competition

**Lightning – Ages 9-10 – In-house League**
HARCO at the C level of competition.

**Lightning – Ages 9-10 – Travel League**
MYLA and, or HARCO at the B and, or C level of competition.

**Midget – Ages 11-12 – Travel League**
MYLA and, or HARCO at B and, or C level competition

**Junior – Ages 13-14 Travel League**
MYLA and, or HARCO at the B and, or C level of competition

Forest Hill teams will practice on Forest Hill area fields and play their home games at Blake’s Venture Park in Forest Hill. The program runs from January 21 (Evaluations) to early June (year end tournaments). The registration fees are as follows (based on 2012 season and may be subject to change):

**Clinic 5-6 years of age (born on or after 09/01/2005)**
$  55.00

**Pee Wee 5-6 years of age (born on or after 09/01/2005)**
$  85.00

**Tyker 7-8 years of age (born on or after 09/01/2003)**
$115.00

**Lightning 9-10 years of age (born on or after 09/01/2001)**
$135.00
Midget 11-12 years of age (born on or after 09/01/1999)  
$175.00

Junior 13-14 years of age (born on or after 09/01/1997)  
$180.00

Each player will receive a jersey and shorts to keep.  
Tournament fees are included. There is a $10.00 per player discount for every additional player who signs up for the program from the same immediate family. (Example 1st Player would cost $100.00, but every additional player from the same family would cost $10.00 less per player for whatever age group they play). Rental equipment is available for a $36.00 fee and includes a helmet, gloves, arm pads and shoulder pads. Each piece of equipment may also be rented separately. A $200.00 check is required as a security deposit for the equipment rental and will be held by the Program until the equipment is returned at the end of the season. All players must provide their own lacrosse stick, mouth guard and athletic supporter with protective cup.

For additional information, or questions you may email foresthillaxchair@gmail.com or call Coach Scott @ 443-250-5290

Back to Top

FUNdamentals

Jennifer Goble

Fall Session Schedule

August 27-October 8th  
(No Classes on Monday, September 3)

$59 for 6 week session

FYI

**No Sports Mix Classes Until October, 2012**

Is your child ready to do a class without you?  
FUNdamentals has an option for you:
Leaping Lizards (3-5 years)
(see the schedule below for days and times)

Monday  
9:30-10:15 Wiggle Worms/Dancing Dragonflies  
(19 mos.-3 ½ yrs.)  
10:30-11:15 Dancing Dragonflies (2 ½-3 ½ yrs)  
11:30-12:15 Leaping Lizards (3-5 yrs without parent)
**Tuesday**

9:30-10:15  *Busy Bees (12-18 months)*

10:30-11:15  *Wiggle Worms/Dancing Dragonflies (19 mos.-3 ½ yrs.)*

**Wednesday**

**Note: Sports Mix Class Will Return In October**

9:30-10:15  *Busy Bees (12-18 months)*

10:30-11:15  *Wiggle Worms (19 mos.-2½ yrs)*

**Thursday**

9:30-10:15  *Wiggle Worms (19 mos.-2½ yrs)*

10:30-11:15  *Dancing Dragonflies (2 ½-3 ½ yrs)*

11:30-12:15 *Leaping Lizards (3-5 yrs without parent)*

If you have children of different ages, but would like to do a class together, you may register them in the older child’s age group.

**Location:**

Forest Hill/Hickory Activities Center

2213 Commerce Rd. Forest Hill, MD

443-484-2512

Call or email to register

[www.fundamentals123@aol.com](http://www.fundamentals123@aol.com)

[www.fundamentals123.com](http://www.fundamentals123.com)

[Back to Top](#)

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**Dance**

**Pam Long**

Our Forest Hill Dance Program has a variety of classes for dancers ages 3 and up. We offer Ballet, Tap, Jazz, Hip Hop and Musical Theatre. Classes are held in our dance studios in the Forest Hill/Hickory Activities Center located at 2213 Commerce Drive in Forest Hill. Each studio is equipped with dance floors, barres and mirrors.

Dancers are placed in a dance group based on their age as of 12-31-12. Ballet is a required class while the others mentioned above are additional options. Many classes are already full as registration began in July however, some openings still remain.

To investigate what is available for your child, simply email or call me for details. Registration information can be emailed or mailed to you.
Classes begin the week of September 4th and will culminate with our recital in May. Detailed information about our program is available on our website at www.foresthillrec.com and then click on Dance in the list of programs on the left. Be sure to read our Introduction. If you have any questions, please feel free to contact me directly.

Thank you -
Pam Long
Mypal06@verizon.net
410-836-5257

Tennis
Lori Phillips

Tennis this Fall For Adults and Kids ages 4-15 through Forest Hill Recreation starting Labor Day Week.

Classes for Children ages 4 through 15 using the U.S.T.A. Quickstart format. We use appropriate size balls and nets to accommodate different ages. Come and have fun learning tennis, a sport for life.

Adult Clinics for Beginners and Advanced Beginners will also be offered with day or evening times. Have fun learning to play or brush up on your strokes, and meet new people.

To download an application and for more information including dates, times, and prices, please go to www.ForesHillRec.com and select Tennis listed under Programs.

Starting in November, Children’s Tennis Quickstart clinics for 4 and 5 year olds will be offered Tuesday mornings or early afternoons inside the Forest Hill/Hickory Recreation Building. Application for this program will be on-line in October.

Call or e-mail PTR Tennis Instructor, Lori Phillips with questions or if you need further information on any of the adult or children’s clinics offered. Space is limited – so don’t wait. Call (443) 299-6606 or e-mail blplap@comcast.net.
Put the fun back into your cardio & join the party!

**FREE INTRODUCTORY CLASS**
Saturday, September 8th from 10:00 – 11:00 AM in Studio B.

Forest Hill/Hickory Activities Center Studio B
2213 Commerce Road, located in Forest Hill Industrial Airpark
Enter building through door on right marked “Office”

Fall Session Runs September 15 – November 17, 21012
*Fall Session Fee: $78.00 payable to Forest Hill Rec*

New participants fill out registration forms
from 9:45 – 10:00 AM in conference room across from Studio B.

Registration immediately following September 8th free class in
conference room OR immediately before September 15th class
from 9:45 – 10:00 AM in conference room across from Studio B.

For questions please contact Linda Ritter at 410-838-1345.

[Back to Top]

**Baseball**
Chris Benjes

**THE 2012 SPRING BASEBALL SEASON** ended in late June with the end-of-year tournaments and the annual all-star games. In the 9-10 Championship, the Orioles and Rays battled to a 4-2 finish with the Orioles coming out on top. In 11-12, the Rays beat the Angels for the 11-12 Rec Championship. For the All-Star Home-Run Derby on June 16th, official Cooperstown Bats were awarded as prizes to the players with the most home runs in the 7-8, 9-10, 11-12 and 13-15 age groups: Dylan Sanft, Evan Cassady, Wes Atteberry and Joey Ciufo. Congratulations to all on their fine performances.

**BASEBALL REGISTRATION** for the 2013 season begins on January 1. See the calendar of events for information and details on [www.foresthillbaseball.com](http://www.foresthillbaseball.com). It will be here before you know it!

**THE 8U EXPRESS** started their season slowly but finished the season as the 4th Seed in the Championship Round of the Essex Tournament losing in the quarterfinals.
**THE 10U EXPRESS** took 2nd place in the Essex and HCYP Invitational Tournament, and advanced to 4th place in the Spring Classic Tournament. Congrats on a successful season.

**THE 11U EXPRESS** won their age group’s Harford County Travel Championship by defeating the Bel Air Braves 12-2. Nice job, guys!

**THE 12U-A EXPRESS** also won their age group’s Harford County Travel Championship by defeating Hickory two times in the double-elimination tournament to come out of the Loser’s bracket and take the crown. As a result of their title, the 12U Express represented Harford County in the Cal Ripken World Series in August.

**THE 12U-B EXPRESS** made it to the BCML Final Championship Game and finished in second place for the year out of 12 teams. They also won the Essex Tournament Consolation Round.

**THE 13-15 FOREST HILL CUBS** won the Central Harford 13-15 Baseball League Championship this year. This league was comprised of 14 teams from Forest Hill, Bel Air, Hickory, Churchville and Emmorton rec councils. Congratulations to Coach Bruce Goldstein and his team for his second championship in as many seasons!

**THE 19U STORM** finished their short summer season with a 10-6 record, finishing in 6th place out of 15. This team-full of characters definitely had the most fun of any team in the league. Not too bad for a team that never practiced!

**FALL BASEBALL** is in full swing now as the summer sun fades into the colors of autumn. This year we have six teams in the North Harford Fall Baseball League and three teams in the Baltimore County Major League. Fall ball is a fun, non-competitive season where players prepare for next year by working on new skills and new positions. Registration for Fall Ball happens in May and June and games are played on Sundays from August through October. Best of luck to all teams!

**THE FOREST HILL STORM** is a full-time youth baseball program affiliated with the Baltimore-Metro Baseball League, the premier independent amateur baseball league in Maryland. Teams are selected in the fall and will practice through the winter in preparation for the spring season. Tryouts for the 2013 teams occur in late August/September. Watch the web site for more information – [www.foresthillrec.com](http://www.foresthillrec.com). We are currently looking to find
managers who can form a new Storm team in the 13U age group. For more information about our Metro baseball program, please contact Steve Bollinger, 410-803-9873.

**THE MONTHLY BASEBALL/SOFTBALL MEETINGS** for the 2013 season are held on the second Monday of each month from November through April at 7:30 P.M. in the Activity Room of Forest Lakes Elementary School. This year's first meeting is Monday November 12th. Anyone interested in volunteering for 2013 should plan to attend this and every meeting. Volunteers also need to complete an application so we can include you in the planning for 2013. Attendance at baseball meetings in January, February and March are the most important and all managers need to attend these meetings.

**MANAGERS AND COACHES FOR 2013.** We are currently taking applications for managers and coaches for the 2013 spring baseball season. Anyone with the desire to teach and coach baseball to our players ages 5 through 19 are welcomed to apply. **All managers and coaches – returning or new – must fill out a Coaches Application form available on [www.foresthillbaseball.com](http://www.foresthillbaseball.com) by December 1 so we can plan for the season.**

**NEEDED – 5-6 BASEBALL AGE GROUP DIRECTORS.** We are also taking applications for a volunteer or two to run the 5-6 Baseball/Softball program this year. This position is a great spot to start on the ground floor of Forest Hill Baseball and Softball. Applicants must possess great organizational skills and have adequate available time on Saturday mornings from late March through June. For more information about our baseball program, please contact Chris Benjes, 410-893-6456. We are especially looking for someone who has a 5 year-old that will be starting Forest Hill Baseball this spring.

**8U and 10U TRAVEL MANAGERS NEEDED for 2013** – We are currently looking for applicants to serve as the 8U and 10U Travel Team managers for 2013. For more information about our Travel baseball program, please contact Chris Benjes, 410-893-6456, [cbenjes@foresthillbaseball.com](mailto:cbenjes@foresthillbaseball.com).

**ON-LINE AND MAIL-IN REGISTRATION** for spring baseball and softball starts January 1, 2013. We have two walk-in registration sessions at Forest Lakes Elementary School scheduled for January 12th and 19th. **All potential managers, coaches, and age group directors for 2013 also need to submit new application/volunteer forms by December 1, 2012** so we can begin to plan the season. Forms are available on the baseball web page: [www.foresthillbaseball.com](http://www.foresthillbaseball.com).
FOREST HILL TRAVEL BASEBALL teams for ages 7 through 14 will have sign-ups at the January registrations and tryouts will be held during the first weekend of February 2013. Mark your calendars now.

SCOREBOARD OPERATORS. We are looking to hire several teens age 14 and up who would like to operate the electronic scoreboard on Field 1 on weeknights and weekend days. The fee is $20 per game. Applicants must be responsible and attentive to the games being played in order to ensure proper accuracy. If interested, please contact Chris Benjes, 410-893-6456, cbenjes@foresthillbaseball.com.

UMPIRES -- The Forest Hill Baseball Umpire program is looking for youth umpires for evening games on Mondays, Thursdays, Fridays, and Saturday mornings in the spring. Potential umps should sign up at the baseball registration sessions in January. Umpires must be at least 14 years of age by May 1, 2013 and must complete the free training program in March. All umpires are paid per game. If interested, please contact Chris Benjes, 410-893-6456, cbenjes@foresthillbaseball.com.

Our Youth Tennis program starts on Monday June 18th and ends on Thursday July 26th. Ages 6 to 16. Classes are 1 hour each and start at 8:30am, 9:30am, 10:30am and 11:30am. The cost is $55.00 for 2 days a week or $110.00 for 4 days a week. Registration day is Saturday May 19th from 9am to 10am at the tennis courts gazebo.

Baseball/Softball Opening Day
Deb Norcross

WANTED: Volunteers to shadow individuals for some of the Opening Day functions. We have members that would like to step down after many years of volunteering their time to this wonderful event. Children of all ages enjoy this day, and I would hate to see it come to an end because of lack of volunteers. If you are interested, please contact Deb Norcross at debnorcross@verizon.net or 410 838 1615.

Adult Baseball
Jerry Kalista

BALTIMORE BOHSOX
2010 Roy Hobbs 28+ AAA OPEN Division “World Champions”
Chairman: Jerry Kalista

Our Baltimore Bohsox (28+) just finished up their 16th season in the Harford County Adult Baseball League. For the 14th time in 16 years, the Bohsox captured the “Regular Season” championship. The Bohsox were not as successful with the “End of the Year Tournament“. They were eliminated early. In the past 16 years, the Bohsox won the Harford County Adult Baseball League “End of the Year Tournament” 11 times. This year’s roster was; Tony Barber (RHP-C-3B), Doug Blair (OF), Chip Bokel (OF-DH), Eric Frank (LHP), Al Gibbons (RHP), Don Hopps (C), Dave Jones (RHP-1B-3B), Scott Kalista (Head Coach-LHP-1B-OF), Damian Michalak (2B), Zach Moye (INF/OF), Darrick Muchla (OF), Dave Pitz (Assistant Coach-INF-OF), Sean Pollack (1B), Duane Reiswig (RHP-OF), Tom Trela (RHP-SS).

All league and tournament games are played at Harford Community College’s “Harford Sports Complex” (formerly Thomas Run Park).

Plans have started for the 2013 season. If you are interested in trying out for the team, contact Jerry Kalista via e-mail at kalbaseball@comcast.net. We are always looking for sponsors. If you would like to sponsor FHRC’s Baltimore Bohsox in 2013, contact Jerry Kalista via e-mail at kalbaseball@comcast.net.

Back to Top

Adult Over-30 Softball
Chris Benjes

The Forest Hill Adult Softball program concludes its 11th season this month for both the Men’s and Women’s divisions. This year we have 241 adults on nine Men’s teams and six Women’s teams, all having fun playing softball on Friday nights throughout the summer. Once again, the season will end with the annual cook-out party at the pavilion following the Men’s Championship game. Registration for 2013 will start in February for returning players and registration for new players (if space allows) begins in April. Contact Chris Benjes, 410-893-6456, chenjes@foresthillbaseball.com for information.

Back to Top

College Scholarship
Chairman: Jerry Kalista

Since the 1994-1995 academic year, the Forest Hill Recreation
Council has awarded 54 scholarships totaling $70,000.

The Forest Hill Recreation Council will be offering up to six (6), one-thousand dollar ($1,000) college scholarships for the 2013-2014 academic year. This year there will be two separate scholarships that can be applied for. Up to five (5) scholarships, sponsored by Forest Hill Family & Cosmetic Dentistry and One (1) scholarship in the memory of Connor Daniel McKeown, sponsored by FHRC and Connor’s parents, friends and Forest Hill baseball coaches. The criteria for the two scholarships are different. If you meet the qualifications for both, you can apply for both. You can only be awarded one (1) scholarship.

The Forest Hill Recreation Council and the Scholarship Selection Committee would like to thank Forest Hill Family & Cosmetic Dentistry for supporting the education of our young adults by again sponsoring the five (5) 2013-2014 scholarships. THANK YOU!

To apply for one of the five (5) scholarships sponsored by Forest Hill Family & Cosmetic Dentistry, applicants must have participated in the Forest Hill Recreation Council (any program/s) for a minimum of four (4) years, in a non-paid capacity. You must be a high school graduate as of September 2013. You must be attending college as a full-time student as of September 2013. You must include with the application, a detailed list of the FHRC activities/programs participated in. You must include with the application, a detailed list of community volunteer activities/programs. You must include with the application, three (3) letters of recommendation related to the FHRC’s college scholarship. Also, essay explaining “Why I should receive the Forest Hill Recreation Council scholarship” must be included with the application.

To apply for the one (1) “Connor Daniel McKeown” scholarship, applicants must have participated in the Forest Hill Recreation Council’s baseball and/or softball and/or basketball and/or soccer programs for a minimum of two (2) years. Please include a list with your application. You must be a high school graduate as of September 2013. You must be attending college as a full-time student as of September 2013. You must include with the application, three (3) letters of recommendation related to the FHRC’s “Connor Daniel McKeown” Memorial Scholarship. One (1) of the three (3) must be from a teacher and one (1) of the three (3) must be from a FHRC or high school coach.

The Scholarship Selection Committee for the 2013-2014 academic year is Jerry Kalista (chairman), Sandy Krause, Bill Plantholt, Jeanne Rosas and Dennis Schultz.

Anyone interested in applying for a 2013-2014 college
scholarship should contact Jerry Kalista (chairman) via e-mail at kalbaseball@comcast.net with questions and/or to obtain an application form/s. The application form/s must be completed and returned to the Scholarship Selection Committee before February 15, 2013.

Special Thanks

A special thanks to all of the committee members for their support in running the concession stand. We couldn't do it without you. The future of the concession stand depends on the committee members and the support of the teams and family members. Please, please consider joining the committee in manning the concession stand. To coin a phrase, "We need YOU!"

On that note, Lee Ann McComas and I will not be returning for the 2013 season. Between the two of us, we have logged over 40 years of volunteering. I personally couldn't have done it without the support and dedication of Lee Ann. She has been there for the good, the bad; the ups, the downs; and everything in between. Lee Ann has given 100% and then some to the success of the concession stand. "Thank you Lee Ann for all that you have done. It's been a fun ride especially with you at my side."

- Jean Schultz