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## **From The President**

Well, another wonderful Opening Day for Baseball and Softball was had by all. We had gorgeous weather and lots of baseball/softball. However none of this happens over night. It takes planning and plenty of volunteers. I would like to thank Deb Norcross and the Opening Day committee, Chris Benjes, Baseball Director and Eric Lippert, Softball Director for all of their hard work. They were not the only volunteers, we had so many people working hard the day before to get the complex ready. I cannot begin to name all of the help we had. What I can do is say thank you to all of you who gave of your time and effort to make this day happen.

Volunteering is a wonderful experience. Our Recreation Council is run completely by volunteers. These people give of their time so that the children of our recreation council can learn an activity in a fun, safe environment. It takes dedication as well as giving up time away from their family to make this Recreation Council the best in the county. Volunteering is a great way for children to learn to give back to the community that helped make them who they are as adults.

I want to recognize two of our volunteers who stepped down as chairpersons this year. Just because they stepped down doesn't mean they walked away. They are still volunteering and helping our softball program continue to be the best in the county. They started the Forest Hill Heat, a tournament team program to give the girls more opportunities to play softball. So if you see Frank Soderberg or Rick Smulovitz on the field, please stop and thank them for all they have done and continue to do for our Rec Council and our softball program.

We have added a new volunteer to our recreation council, Lori Phillips. Lori will be giving tennis lessons to beginner and intermediate adults this spring. She is hoping to start lessons for children in the fall. If this is something you are interested in, please go to our website and get more information.

If you feel that you would like to volunteer and give of your time to make our community a better, safer place for our children,

please let us know. We would love to have you join our group.

*Jeanne Rosas*  
President, Forest Hill Rec

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## Soccer Registration

### Program Overview

Believe it or not, the registration process for the fall soccer season is about to begin. We had a very successful season in 2009 and are looking forward to a great year ahead.

Find the month and year that your child was born in the [age group table](#) and that will tell you the age group in which your child should register.

The Rainbow program is for boys and girls who are five years old by July 31st. Children in the U8 program play once per week on Saturdays and play on the smaller sized fields. Boys and girls in the U9 through U11 age groups will be playing on the smaller-sized fields with seven players per team on the field. The U13 and above age groups will play on the full-sized fields with 11 players per team on the field.

### Registration

Fall soccer registration will be held on the following dates:

Saturday, May 8th - 1PM to 4PM

Saturday, May 15th - 1PM to 4PM

Registration will be held at the Forest Hill Rec. Complex pavilion.

Travel soccer try-outs begin June 1st.

Please make every effort to complete and submit your registration forms during one of the two registration dates. You may also mail your registration form or register online through June 15th at [www.foresthillsoccer.net](http://www.foresthillsoccer.net). Forms submitted through the mail should be received no later than June 15, 2010. Forms are [available online](#).

Mail to:  
Michael Geier  
1730 Grafton Ridge Court

Forest Hill, MD 21050

Registration will end on June 15, 2010.

### **Fees**

The fees for the 2010 rec. soccer season are as follows:

Rainbow: \$40

Under 8: \$50

Under 9 and above: \$65

There is a family maximum registration fee of \$150.

All checks should be made payable to FHRC.

### **Volunteers Needed**

As with any sports program, we depend heavily on parent volunteers to help with a variety of matters, which include the following:

- Coaching or acting as assistant coach for your child's team;
- Age group coordinators at the Rainbow and Under 8 levels to facilitate the organization of the program;
- Working in the concession stand

This work is extremely rewarding and quite a bit of fun. If anyone is interested in volunteering in any capacity in the soccer program, please contact Mike Geier at (410) 838-0193.

### **Improvements to the Program**

We devote a significant amount of our program's resources to the upkeep of our fields. This spring, we re-sodded portions of all fields at the rec. complex and on the field behind Forest Lakes Elementary School. Additionally this past fall, portions of the fields at Blakes Venture were re-sodded. The Forest Hill Recreation Council arranged to have public water run to the Blakes Venture Complex, and those improvements have been completed. This continued focus on our fields will improve the quality of our program and maintain the appearance that all of us expect.

These improvements are funded with your registration fees and generous support from our annual fundraiser. Thanks for all that you do to make our program one of the best in the county.

### **Force Travel Soccer**

The Forest Hill soccer program also offers travel soccer teams for players who are interested in playing at a higher level. The Force

travel soccer program promotes growth and appreciation for the game of soccer by providing an environment where individuals can:

- Further develop their skills and understanding of the game.
- Learn leadership, teamwork, and sportsmanship.
- Develop physical fitness and mental awareness.
- Encourage courtesy, proper conduct and respect for players, officials, coaches and spectators.
- Create an atmosphere that inspires fun, growth and learning, while developing new friendships, and encouraging support in the community

The travel soccer program includes boys and girls teams from U8 thru U16. These teams typically practice twice a week starting around the first week in July and will have games on Saturday and/or Sunday beginning in September. They also participate in 2 or more weekend tournaments during the fall season.

Tryouts for the Force travel soccer teams begin around June 1st and you should contact the coach appropriate for your age group if you are interested in attending tryouts. Coaches' contact information can be found at [www.foresthillrec.com](http://www.foresthillrec.com).

### **Program Contacts**

For any additional information on the soccer programs, please visit [www.foresthillrec.com](http://www.foresthillrec.com) or contact any of the following individuals:

Rec Program Coordinator - Mike Geier; 410-838-0193;  
[foresthillsoccer@comcast.net](mailto:foresthillsoccer@comcast.net)

Travel Coordinator - Bob Jacobs; 410-420-0250;  
[jacobssoccer@gmail.com](mailto:jacobssoccer@gmail.com)

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## **UK Elite Soccer Camp**

Discover how our unique UK Elite Training Methodology can put elite in your players feet!

For more info, please [see the UK Elite flyer on our website](#).

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## 2010 Horseshoes League

Registration will be held for the 2010 Horseshoe season on Tuesday May 4, at 6:15 PM at the Forest Hill Recreation Complex. Anyone interested can register on 5/4 at the FH Complex, or by contacting Gary Nengel at 410-420-9558 (e-mail: [gnengel@comcast.net](mailto:gnengel@comcast.net)).

Weekly horse shoe competition will be held on Tuesdays at 6:30 PM, beginning on May 4.

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## New Adult Tennis Clinics

### **New Adult Tennis Clinics added this Spring!**

Adult tennis clinics for beginners and advanced beginners/lower intermediates.

Learn to play tennis or brush up on your strokes in a fun learning atmosphere.

Runs May 10 thru mid-June with a variety of day and evening 1 hour clinics.

### **Sign up with a friend or spouse and learn a sport for life.**

### **Don't wait - space is limited.**

The instructor is Lori Phillips, who recently moved to the area and taught many years at the Mt. Lebanon Tennis Facility in Pennsylvania. She is USPTR certified and has experience teaching both adults and children.

[Click here for registration form with days and times](#)

You can also contact Lori Phillips 443-299-6606 or email [blplap@comcast.net](mailto:blplap@comcast.net) for more information.

Private lessons also available.

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## Dance

Our Forest Hill Dance Program serves the needs of dancers ages 3 and up through high school. We believe our program is one of the best in Harford County as we provide a program with the emphasis on fun and learning the discipline of dance. Our four instructors are skilled and dedicated teachers.

Our program begins in September and culminates in May with a large end of year production in which all dancers ages 4 and up participate. This is different from some dance programs that run for a session of several weeks and just end with the final class. This requires a significant time commitment towards the end of our season and requires some additional costs to parents (i.e. costumes, recital tickets, photos). Our 3 year old classes end with an in-studio performance for their families.

Dance camps are also available this summer. June 22-25th for 4-6 year olds and August 2nd-6th for ages 7-12. A camp flyer and registration form are available on our website. Registration is limited so don't delay!

All classes and camps are held at the Forest Hill/Hickory Activities Center located at 2213 Commerce Road in Forest Hill where we have the use of two studios. Each are equipped with dance floors and mirrors with wall mounted barres in one of the studios.

Our schedule for next year's season will be ready in July. I encourage parents to begin contacting me in July to see what days/times are available for their child. Due to the structure of our dance classes, registration is not available online. However, a registration form along with our program details and newsletter can be emailed or mailed to parents who can then return the completed forms with their payment. We also will be scheduling an in-person registration night in September. Parents are encouraged to register early through the mail rather than waiting for our in-person registration as classes fill up quickly.

To learn more about our program, please visit our website at [www.foresthillrec.com](http://www.foresthillrec.com) and then simply click on Dance in the list of programs on the left.

Thank you,  
**Pam Long**  
[mypal06@verizon.net](mailto:mypal06@verizon.net)  
410-836-5257

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## Adult Softball Registration

The Forest Hill Adult Over-30 Softball League is now taking individual registrations for the 2010 summer season. We offer both a Men's division and a Women's division. Games are played on Friday evenings at 6:00 PM beginning July 9, 2010. The season

wraps up with a championship tournament in mid-late September. All games are played at the Forest Hill Recreation Complex. Because of the number of available fields, the league must be limited to 8 teams for each of the Men's and Women's divisions. General registration for new players begins April 24th. This has become a popular league and there are a limited number of openings for new players. All talent levels are welcome. The league's primary emphasis is fun and friendship through softball. Registration is \$35.00 per player and continues through May 24th on a first-come/first served basis until the league is filled. For information, please call Chris Benjes, (410) 893-6456, [cbenjes@comcast.net](mailto:cbenjes@comcast.net) or Cyndi Clark, 443-942-1341, [cyndi\\_13838@msn.com](mailto:cyndi_13838@msn.com).

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## Fall Baseball

This fall, Forest Hill Baseball is participating in both the Baltimore County Major League (BCML) Travel program AND the North Harford Fall Baseball League (NHFBL). All kids currently ages 8 to 14 who will be at least 9 and not more than 15 years old by April 30, 2011 are invited to sign up for Forest Hill Fall Baseball.

The NHFBL in-house program will have teams in the 9-10, 11-12 and 13-14 age groups. Players for this league will be placed on a team based on the age group the child will play in 2011 to give them a chance to prepare for next year. Try-outs are not necessary for participation in the In-house program! This is a register-and-play league, based on availability and number of teams.

The BCML Travel program will also have teams in the 9-10, 11-12 and 13-14 age groups, but this is a competitive league and teams will be selected by competitive try-out. Players for this league are invited to try-out for the age group based on what the child played in 2010. Because of its competitive nature, playing up in this league is not permitted except for extremely special cases.

No registration is necessary for BCML Travel try-outs, just show up with your glove and bat. In order to qualify for selection, players must make at least one try-out, and it is recommended that players attend as many try-out sessions as they can. Try-outs will only be held in mid-July.

Fees are to be determined. Please watch the Forest Hill baseball website for forms, dates and times. Players will also be notified for Fall Baseball registration during their in-house baseball games

at Forest Hill. Hint: It would be wise to sign up for the in-house program and then try-out for the Travel team. That way, the child will be on a team this fall even if he doesn't make the travel team. Any fees paid toward In-house will be transferred to Travel if he makes the team.

Fall Baseball runs from August through October. Games are played on Sunday afternoons. For more information, contact Chris Benjes 410-893-6456, [cbenjes@comcast.net](mailto:cbenjes@comcast.net).

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## 2010 College Scholarships

The Forest Hill Recreation Council's Scholarship Selection Committee publicly announced the recipients of the 2010 – 2011 college scholarships at the Baseball/Softball Opening Day ceremonies held at the Forest Hill Complex on Saturday, April 24, 2010. This year's recipients are Spencer Brennan, Erica Fallano, Emily Krause, Nicole McClaskey and Joseph Shifflett.

FHRC and the Scholarship Committee want to thank Forest Hill Family & Cosmetic Dentistry for supporting the education of today's young adults by sponsoring the 2010 – 2011 academic year scholarships in the amount of \$5,000.

The Forest Hill Recreation Council began its college scholarship program with the 1994 – 1995 academic year. Since then, FHRC has awarded \$56,000 to 41 recipients.

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