

# FOREST HILL FALL SOFTBALL

For the fall ball program this mixes both the younger girls and the older girls together, 10 yrs through 18 yrs. We have an open age group, while we are always aware of the intimidation factor that younger girls may encounter with some of our faster pitchers, as coaches we will monitor the situation and work with the girls to help them overcome any fear they may have. This is a great opportunity for the girls to interact with all age groups and we have found that the older girls take the younger girls "under their wings" and help them improve as a player. We also found that what this does is help the younger girls understand the game better and be better prepared when they make the transition to the next age bracket, work on areas they may need help with, try new positions and also helps give them confidence to try out for the High School teams and the Heat programs. Since the fall league is for fun and development the intensity of the game will not be as though it is in say a tournament but more relaxed and used for fun and training and to keep the girls interested in softball all year. From past experience over the last few years the girls had a great time and were able to bond together regardless of the ages. There are not any tryouts or tournaments. Players are welcome from any Rec council for the Fall League. Last year we had over 100 girls (7 teams) participate from FHRC & several different rec councils, we hope to have that same kind of turnout this year.

We will play Saturday's at 3 pm starting September 4th through October, 30th.

WHERE: Forest Hill Complex

FEE: \$45.00/ Player to cover t-shirts, softballs and umpire fees.

Two 5-inning games will be played each week, the rules will be the same as we use for 14-18 softball. We will have approx 2 practices prior to starting the season if possible and the coach of the team determines if they wish to practice any time during the week. Most teams did practice weekly last year but that is a coach by coach decision as we are aware everyone is very busy. Let me know if I can provide you with any additional information.

If you are interested please let us know and provide the following info:

Name

Age

Birth Date

Pitcher (yes or no)

Catcher (yes or no)

Rec Council

Does she play on a travel team, if so which team?

Email address

Parents name

Phone

For more information contact Kristine Hale [halekristine@yahoo.com](mailto:halekristine@yahoo.com)

Registration forms & online will be available soon.